

Washing your face - I recommend you
to wash your face in lukewarm water
every evening before you
go to bed.

For the relief of the itching
and burning of the face
take a piece of white paper
and write the following
upon it with a quill pen
and keep it in your pocket
whenever you feel the
itching or burning
and when you feel it
take it out and hold it
to your face for a few
minutes and the itching
will be relieved.
This is a very good
remedy for the itching
and burning of the face
and is very easy to use.
I have used it many
times and it has always
proved very effective.

Wm. A. Murray
J. M. de la Cruz
J. M. de la Cruz

Wm. A. Murray

J. M. de la Cruz

Juan de la Cruz

Juan de la Cruz

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Juan de la Cruz